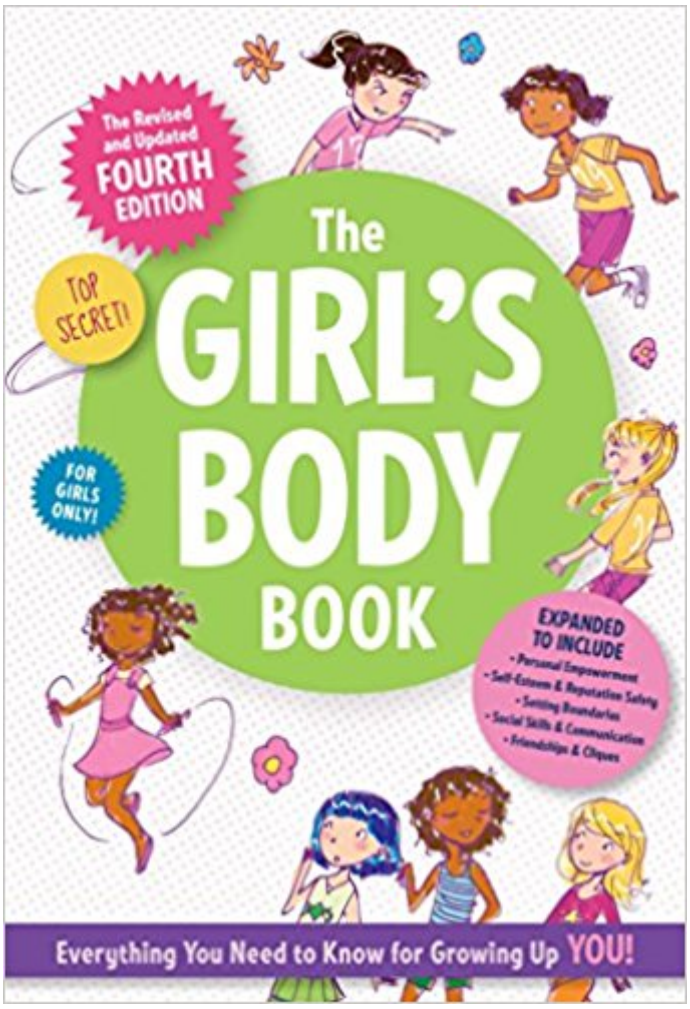
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The Girl's Body Book: Fourth Edition



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Synopsis

This fourth edition of the top-selling book for pre-teen girls has been fully updated and expanded to include everything you need to know about your changing body, texting and social media, friendship and peer pressure, leadership, and so much more!Growing up isnÃ¢â ¬â„¢t as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride.Ã Â The GirlÃ¢â ¬â„¢s Body BookÃ Â is here to help with expert advice, common sense tips, fast facts, and answers to all questions a girl might have. Topics covered include: * From hair care to high heels, a head-to-toe guide to whatÃ¢â ¬â„¢s happening with your changing body * Dealing with your friends, even when they donÃ¢â ¬â„¢t want to deal with you Ã¢â ¬â œ and how to handle Ã¢â ¬Å“Mean Girls," bullies, and cyberbulliesÃ Â * The care and keeping of parents, teachers, brothers, and sisters * Finding out what you like (from sports to art to music), and learning to like who you are * And so much more!

Book Information

Paperback: 148 pages

Publisher: Applesauce Press; 4th ed. edition (July 4, 2017)

Language: English

ISBN-10: 1604337141

ISBN-13: 978-1604337143

Product Dimensions: 7 x 0.4 x 10.2 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #21,688 in Books (See Top 100 in Books) #13 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #21 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #178 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Kelli Dunham, RN, BSN is a nurse, comedian, and author of several books, including The BoyÃ¢â ¬â„¢s Body Book, The Girl's Body Book, How to Text Boys, and How to Text Girls.

My 10 year old reads and re-reads it, then comes to me to discuss what she finds. The book has

good information, and it covers topics I had not thought to discuss with her. A great addition to our library, even though we are close and I'm a teacher. It always helps to have an extra resource when you are parenting through adolescence!

This is a amazing book for preteens. 10 year old daughter read it all with no hassles. She started talking to me about stuff in the book that is going on with her body.

My daughter loves this book. It has brought up a lot of questions, but helps answer them too.

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